

Cardinal Health Fitness Center

Cardinal Health is proud to present a state-of-the-art fitness center to its Dublin employees.

This 12,000 square foot facility offers cardio and strength training equipment along with a free weight area and two group fitness studios complete with classes!



Hours of Operation

Monday-Friday
5:30am-8pm

614.757.FITT

 HealthFitness™

\$15/month, NO enrollment fee or contract!

- STAR TRAC cardio machines with IPOD connectivity.
- STAR TRAC LOCK-N-LOAD strength training machines
- STAR TRAC HUMANSPORT functional strength cable machines
- STAR TRAC free weights
- STAR TRAC SPINNER BIKES
- Two group fitness class studios
- Men's & women's locker rooms
- Towel service
- Personalized attention and one-on-one staff interaction
- Degreed and certified staff
- Convenient location
- Personalized health assessments, orientations and exercise programs
- Flat panel televisions with individual audio control
- Personal training, weight management, and other health improvement programs
- "Health Clubs" travel passport program
- Fitness center website access

GAIN HEALTH